

TALMAR Gardens & Horticultural Therapy Center, in collaboration with the Baltimore County Department of Recreation and Parks, Office of Therapeutic Services, offers field trips to our beautiful ORGANIC FLOWER farm, veggie garden and greenhouses. Discover the magic of nature inside our gardens located on 10 acres of park land only minutes from the I-95/695 corridor. Activities may be selected from options described in this brochure or may be customized to accommodate a particular group! Schedule your trip any week day to arrive between the hours of 10 am- 12 noon. Each option session should allow up to 2.5 hours of activity time!

Please bring a lunch (on your own) and eat under the trees at our picnic tables. Staff and participants are also invited to walk the park and meander the stream following the session.

- We also offer *Vocational Training & internships* in horticulture, horticultural therapy, crop production of field grown “specialty cut flowers” or in “vegetable & herb sustainable gardening.”
- Classes may also participate in *community based instruction* whereby programs are offered weekly on a semester or yearly basis.
- TALMAR is a recognized placement for students needing to complete

Community Service.



Phone:
410-825-2020
Web:
www.talmar.org

Place
stamp
here



1994 Cromwell Bridge Road
Baltimore, MD. 21234

Phone: 410-825-2020

talmarinc@msn.com

www.talmar.org

TALMAR

Gardens & Horticultural Therapy Center

For people of all ages and abilities



Field Trips

2010

Field Trip Options

All options include a welcome introduction about TALMAR and how we grow and sell organic specialty cut flowers.

OPTION 1: A Horticultural Therapy activity is planned for your group. This field trip is oriented to individuals who may have more physical or developmental challenges. Activities may include use of adaptive tools to enable success and will include a “Make and Take” project such as:

- Decorating a clay pot
- Filling pot with soil
- Choosing & Planting a plant
- Watering



COST: \$100.00 for up to 10 participants; \$8.00 for each additional participant.)

OPTION 2: Includes “Make and Take” activities (choose 2 from column A and 1 from column B)

COST: \$100.00 for up to 10 participants; \$8.00 for each additional participant.)

OPTION 3: Includes “Make and Take” activities (choose 2 from column A and 2 from column B)

COST: \$150.00 for up to 10 participants; \$10.00 for each additional participant.)

Column ‘A’ Activities

- 1) Learn ‘Leave No Trace’ principles.
- 2) Walk to the stream (Steps). Explore minnows swimming through rocks.
- 3) Walk through three acres of flower fields. Explore garden insects and butterflies that live in the garden.
- 5) Garden in the field with TALMAR staff (planting, deadheading, harvesting, etc.).
- 6) Learn the basics of what makes a greenhouse work. Students will be able to work among staff and be a part of the production team whether planting seeds, propagating plants (creating one plant from another), transplanting, etc.
- 7) Tool identification & history. What is that tool used for?
- 8) Safety first, last and always.
- 9) Reading a seed package. Plant seeds.
- 10) Yesterday’s home remedies using flowers from our fields!

Column ‘B’ Activities

- 1) Make a picture frame using items selected from their nature walk.
- 2) Learn the basics of floral arranging. Pick flowers from the garden to create a fresh flower arrangement to take home. (June-November only).
- 3) Learn about leaves; make a leaf rubbing.
- 4) Veggies (dependant upon season, our vegetable garden can offer many hands on activities). Call office for information.
- 5) Make a pressed flower laminated bookmarker (flowers from our garden).
- 6) Harvest lavender from our garden to make a lavender wand. Wonderful scent!
- 7) Learn about herbs, what they are used for and how they grow. Make an herb dish garden to take home.
- 8) Make a terrarium in a plastic bottle using plants from our greenhouse and nature items selected from their nature walk.